



IMPORTANT INFORMATION

- EACH PERSON WILL BE ISSUED A BIB NUMBER FOR THE RIDE. THIS WILL ENABLE YOU TO STOP AT THE SAG STOPS AND PARTICIPATE IN LUNCH, SNACKS, ETC...
- FOR SAFETY; PLEASE **STAY TO THE RIGHT** OF THE PATH WITH BICYCLE.
 - STOP AT ALL STOP SIGNS / TRAFFIC SIGNALS.
 - WEAR YOUR SAFETY HELMET.
- BE ATTENTIVE; **DO NOT BLOCK PATH AT SAG STOPS.**
- RIDERS COMPLETING THE **100 MILE CENTURY CHALLENGE** WILL RECEIVE A WRISTBAND AT THE (NORTH) US 98 AND (WEST) STARKEY PARK TURNAROUNDS. YOU WILL TURN IN THE SPECIAL WRISTBANDS AT THE FINISH TO SHOW YOU HAVE COMPLETED THE CENTURY RIDE AND RECEIVE YOUR CUSTOM FINISHER'S MEDAL.

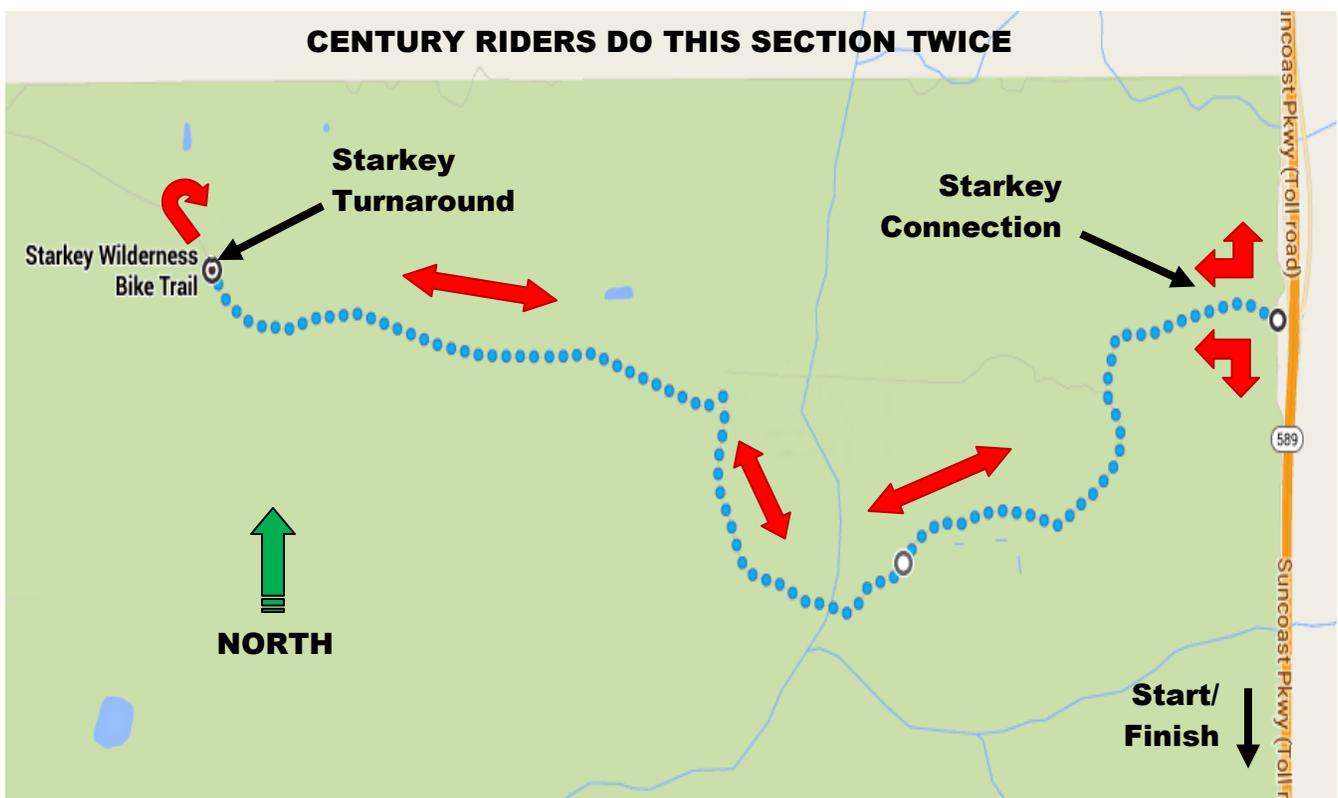
***Spin The Suncoast* CENTURY CHALLENGE COURSE:**

Due to the fact that the Suncoast Parkway Trail is only 40 miles long from our start, we needed to add a 5 mile out & back section on the Starkey Wilderness Bike Trail to accommodate the additional mileage. You will do this section twice as indicated. Therefore, riders wishing to complete the entire 100 mile distance, should follow the directions below.

Upon reaching the Starkey Connection Trailhead (located 4.5 miles North of the Start/Finish), the Century Riders turn LEFT (West) onto the Starkey Wilderness Bike Trail. You will ride 5 miles on the Starkey Trail to the Turnaround and return to the Suncoast Trail, 5 miles back. Once you reach the Suncoast Trail, turn LEFT continue North to the US 98 Turnaround. There are SAG Stops available at Crews Lake Park and Anderson Snow Park along the route.

Once you arrive at the end of the trail, simply return South along the Suncoast Trail until you reach the Starkey Connection again. Century Riders turn RIGHT (West) onto the Starkey Wilderness Bike Trail and repeat the 5 mile section a second time. Once you return to the Suncoast Trail, turn RIGHT and continue South to the Finish.

There will be a support station at the Starkey Connection and the Starkey turnaround, as well as, the US 98 turnaround. Port-o-lets will be available at the Starkey Connection & US 98 turnaround, but not the Starkey turnaround.



Enjoy the Ride!

www.SpinTheSuncoast.com

Sag Stop: North End US 98
Turnaround 7:30am – 2:30pm

#4: 100 Mile Century Riders:
Go North to the US 98 Trailhead and return

Complete the Starkey Trail Turnaround Twice
(See map above)

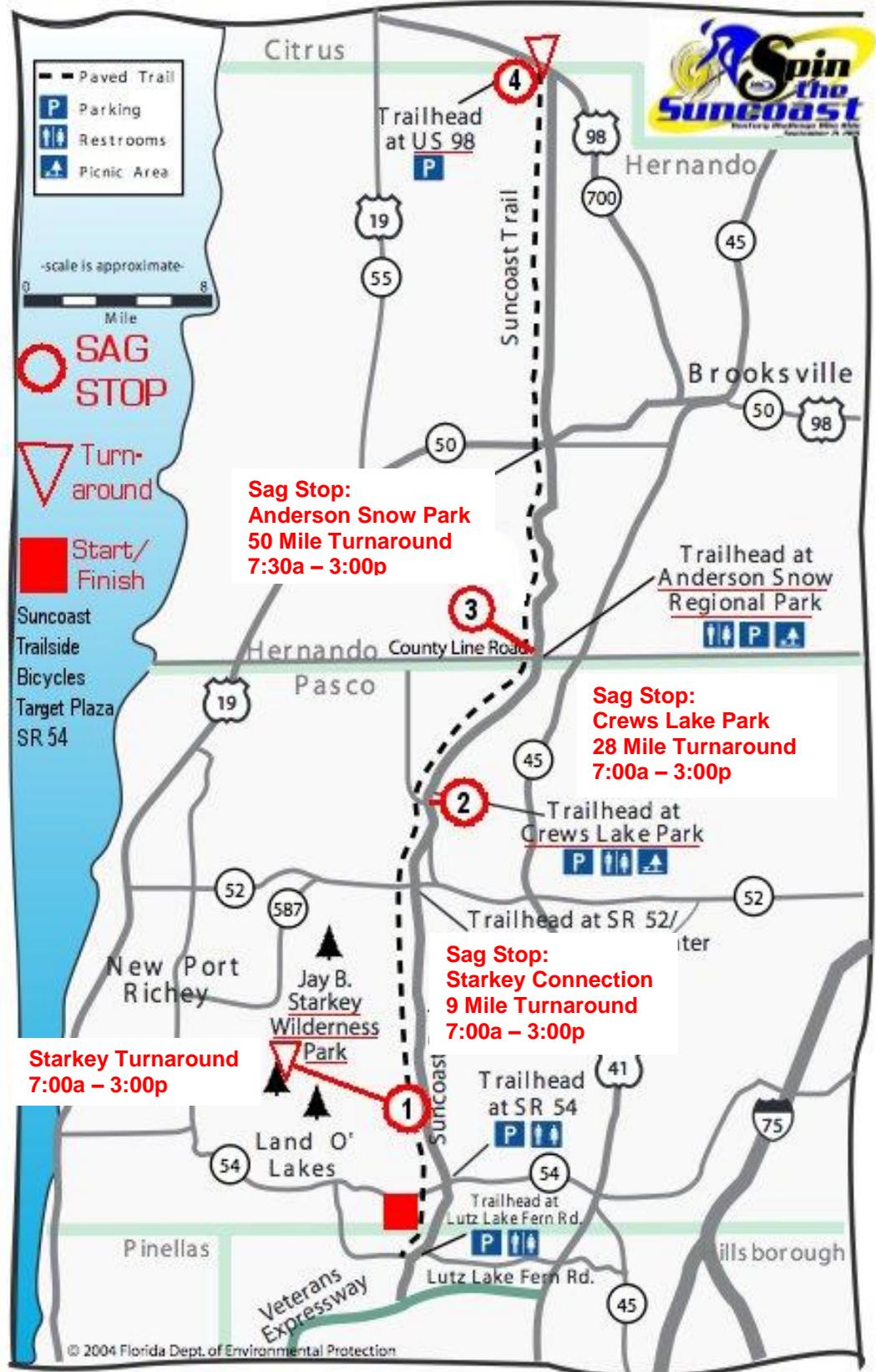
#3: 50 Mile Riders:
Go North to Anderson Snow Park Sag Stop, continue 4 miles North to Turnaround and return

#2: 28 Mile Riders:
Go North to Crews Lake Park Sag Stop and return

#1: 9 Mile Riders:
Go North to Starkey Connection and return

START/FINISH:
SR 54 @ Suncoast Trailside Bicycles (Target Plaza)

Breakfast 7 am – 10 am
Lunch 10 am – 2 pm



Safety Rules!

Observe Stop Signs and stay right on trail.
Wear your helmet.
Have FUN!